



2009 Pioneer Bike Ride

Sunday, September 20, 2009

The Rochester Lutheran Pioneers are having their annual family bike ride on **Sunday, September 20**. The group will gather beginning at **1:45 pm** at **Sylvan Park in Lanesboro**.



Pastor Hein will lead us in devotion at approximately 2:00 pm before the ride begins.

Those wishing to carpool may gather in the Ascension Church parking lot at 12:45 and depart promptly at 1:00pm. It is approximately 50 minutes drive time from Ascension.

There are several options for biking, which include Whalen (4.6 miles) or Peterson (13.5 miles) or any length in between. For a map of the Root River Trail please see:

http://files.dnr.state.mn.us/maps/state_trails/rootriver_harmonypreston.pdf

After the ride, kool-aid and snacks will be available in the park starting at approximately 3:30 pm. **Each family is asked to bring fruit, bars, or cookies.**

Remember your water bottle, bike helmet, and wear your Pioneer shirt. Have your bike in good shape and bring tools if necessary.

If you have not yet signed up for 2009-10 Pioneers and are interested in joining, please contact Curt Kuecker at 753-2977. Registration forms will be available at this event.



If you have questions about this event, please contact Joe Kirscht at 281-3425 or email at jkirscht@us.ibm.com

Directions: Take US 52 South approximately 35 miles to Fountain; then turn left on Main St. (CR-33) for .3 miles and turn left on CR-8. Go approximately 9 miles to Lanesboro (stay straight to go onto Elmwood St.) and turn right on Main Street. Sylvan Park is on the left.